

**First Sunday in Lent
Holy Eucharist – Rite II**

from *The Book of Common Prayer*, and *Enriching Our Worship 1*

Prelude: *Erhalt uns, Herr* BuxWV 185

D. Buxtehude

A Penitential Order

BCP, p. 351

Celebrant: Bless the Lord who forgives all our sins.

People: **God's mercy endures forever.**

Opening Hymn #143 The glory of these forty days

Erhalt uns, Herr

**The glory of these forty days we celebrate with songs of praise;
for Christ, through whom all things were made, himself has fasted and has prayed.**

**Alone and fasting Moses saw the loving God who gave the law;
and to Elijah, fasting, came the steeds and chariots of flame.**

**So Daniel trained his mystic sight, delivered from the lions' might;
and John, the Bride-groom's friend became the herald of Messiah's name.**

**Then grant us, Lord, like them to be full oft in fast and prayer with thee;
our spirits strengthen with thy grace, and give us joy to see thy face.**

**O Father, Son, and Spirit blest, to thee be every prayer addressed,
who art in threefold Name adored, from age to age, the only Lord.**

Summary of the Law

BCP, p. 351

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all Your strength. The second is this: Love your neighbor as yourself. There is no other commandment Greater than these."

Confession

EOW 1, p. 56

**God of all mercy, we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done, and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Absolution

EOW 1, p. 56

**Almighty God have mercy oin you, forgive you all your sins
through the grace of Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.**

Amen.

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Collect of the Day

Prayed together

**Almighty God, whose blessed Son was led
by the Spirit to be tempted by Satan:
come quickly to help us who are assaulted by many temptations;
and, as you know the weaknesses of each of us,
let each one find you mighty to save;
through Jesus Christ your Son our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

The Word of God

First Reading:

Genesis 9: 8-17

God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

The Lector concludes: The Word of the Lord. *People respond:* **Thanks be to God.**

Psalm 25: 1-9

BCP p, 614-615

- 1 To you, O LORD, I lift up my soul; my God, I put my trust in you; *
let me not be humiliated, nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation; in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *

and teaches his way to the lowly.

- 9 All the paths of the LORD are love and faithfulness *
to those who keep his covenant and his testimonies.

Second Reading

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Lector concludes: The Word of the Lord. *People respond:* **Thanks be to God.**

Sequence Hymn #455 O love of God, how strong, how true

Dunedin

**O Love of God, how strong and true, eternal and yet ever new;
uncomprehended and unbought, beyond all knowledge and all thought.**

**O wide embracing, wondrous Love, we read thee in the sky above;
we read thee in the earth below, in seas that swell and streams that flow.**

**We read thee best in him who came to bear for us the cross of shame,
sent by the Father from on high, our life to live, our death to die.**

**We read thy power to bless and save e'en in the darkness of the grave;
still more in resurrection light we read the fullness of thy might.**

The Gospel

The Gospeller: The Holy Gospel of our Lord Jesus Christ According to Mark

1:9-15

People: **Glory to you, Lord Christ.**

Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

The Gospeller concludes: The Gospel of the Lord. *People respond:* **Praise to you, Lord Christ.**

The Sermon

Tyler Jarvis

The Nicene Creed

BCP, p. 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,

begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Prayers of the People Form I

BCP p, 383-385

With all our heart and with all our mind, let us pray to the
Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God,
and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church
of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishops, and for all the clergy and people, let us pray
to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in
authority, let us pray to the Lord.

Lord, have mercy.

For this town, for every city and community, and for those who live in them,
let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the
wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For those commended to the prayers of the parish including Diane L, Allison & Ryan Burns, Kelly Taylor, Philip, Jerry, Jack's daughter, Jim R, Jason and Peter and for Buster and Dale and all who are contending with Covid-19 disease, let us pray to the Lord.

Lord, have mercy.

For those who are poor and oppressed, unemployed and destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

Lord, have mercy.

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

The Celebrant adds a concluding collect.

The Peace

Celebrant: The Peace of the Lord be always with you. **People: And also with you.**

Announcements and Greetings

The Holy Communion

The Offertory –

Offertory solo: O Lord, whose mercies numberless (from *Saul*)
Leila Mustakos, soloist

G. F. Handel

The Doxology: Hymn 380 (vs. 3)

Presentation of Gifts

Celebrant: All things come of thee, O Lord.

People: **And of thine own have we given thee. Amen.**

The Great Thanksgiving: Eucharistic Prayer Form I

Celebrant: The Lord be with you.

BCP, p. 402

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. And so we join the saints and angels in proclaiming your glory, as we say,

All: **Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant: And so, Father, we bring you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate the memorial of your Son. By means of this holy bread and cup, we show forth the sacrifice of his death, and proclaim his resurrection, until he comes again.

Gather us by this Holy Communion into one body in your Son Jesus Christ. Make us a living sacrifice of praise.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,**

on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. *Amen.*

The Breaking of the Bread

BCP, p.364

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Silence

The Gifts of God, for the People of God.

Invitation to Spiritual Communion**

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations; grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, reshaping in your likeness the world around us, until we are gathered at last into the fullness of your glorious and eternal presence; through Christ our Risen Lord, Amen.

Communion solo: En prière

G. Fauré

Post Communion Prayer:

Common Worship, p. 392

Almighty God, you have given your only Son to be for us both a sacrifice for sin and also an example of godly life: Give us grace that we may always most thankfully receive these spiritual gifts, and also daily endeavor to follow the blessed steps of his most holy life; through Jesus Christ our Lord. Amen.

A Lenten Solemn Prayer

Closing Hymn #142 Lord, who throughout these forty days

St. Flavian

Lord, who throughout these forty days for us didst fast and pray,
teach us with thee to mourn our sins, and close by thee to stay.

As thou with Satan didst contend and didst the victory win,
O give us strength in thee to fight, in thee to conquer sin.

As thou didst hunger bear and thirst, so teach us, gracious Lord,
to die to self, and chiefly live by thy most holy word.

And through these days of penitence, and through thy Passion-tide,
yea, evermore, in life and death, Jesus! with us abide.

Abide with us, that so, this life of suffering over-past,
an Easter of unending joy we may attain at last!

Dismissal: Let us bless the Lord. *People: Thanks be to God.*

Postlude: *O Lamm Gottes unschuldig* BWV 656

J. S. Bach

**Credit: The Rev. Bennet Broeckman, used with permission

In Today's Worship

Celebrant: The Rev. R. Harrison West

Music Director: Mark Sullivan

Readers: David Jones, Marsha Brown

Intercessor: Marsha Brown

Soloist: Leila Mustakos

Music note: This morning's preludes are based on the chorale tune *Erhalt uns, Herr* (the tune of our opening hymn), so named because of the hymn by Luther that it was originally associated with ("Lord, keep us steadfast in your word"). This tune appears in sources in two versions. In the earlier, the tune is presented in straight quarter notes: G—B-flat—G—F-sharp—G—B-flat. By Bach's time, the tune had acquired some 'passing tones' (which connect notes that are three notes apart—the melody 'passes' through these tones on the way to the next main melody note): G (a) B-flat (a) G—F-sharp—G (a) B-flat. I will first play the original version of the tune, and then the Bach harmonization. The Buxtehude setting features a highly ornamented version of the tune appearing in the highest voice.

Handel is of course best known for his biblical oratorio *Messiah*, but he wrote a number of others; **our Offertory solo this morning** is from *Saul*, which follows the narrative related in 1 Samuel of the first king of Israel's relationship with his eventual successor. David sings "O Lord, whose mercies numberless" as an attempt to assuage Saul, who has been driven into a jealous rage after David's victory over Goliath earns him the adoration of the Israelites.

The composer Gabriel Fauré is best known to many listeners for his beloved *Requiem* (the *Pie Jesu* from which Leila sang as our Communion solo earlier this summer), but he composed a wide range of music, including some of the loveliest songs in the French art song tradition, as **this morning's Communion solo** demonstrates. A literal translation of the text, a poem by Stéphan Bordèse, follows:

If the voice of a child could reach up to you, O my Father, to be heard by Jesus... kneeling before You, a prayer! If you have chosen me to teach your laws on earth, I would know how to serve you, august King of kings, O Light! On my lips, Lord, place the salutary Truth, so that those who doubt, with humility will revere you! Do not abandon me, but give me the Grace necessary to overcome evils, and to relieve pain & misery! Reveal yourself to me, Lord in whom I believe and hope! For You I want to suffer and die on the Cross, on Calvary!

O Lamm Gottes unschuldig ('Lamb of God, pure and holy'), was originally created by Luther's contemporary Nicolaus Decius as a German vernacular *Agnus Dei*; it's three verses offer a meditation on Jesus' saving sacrifice, the first two ending 'Have mercy, on us, O Jesus! O Jesus!' and the last ending 'Grant us your peace, O Jesus! O Jesus!' In **our postlude this morning** Bach chooses to set all three verses (most chorale preludes only treat the melody once). In the first 'verse', the melody appears in a lightly ornamented form in the highest voice; in the second, the tune appears in the middle voice of the three part texture. In the last 'verse,' which begins with a fuller organ sound and ecstatic triplet figures in the manuals, the tune appears (you guessed it!) in the pedals. Toward the end of the third 'verse', the music reaches a point of extreme harmonic tension, but at the music for the words 'Grant us your peace' the tension gives way to scale figures serenely flowing up and down the keyboard and leading us calmly to the conclusion of the work.